Markham-Stouffville Hospital

Markham Stouffville Hospital Corporation (MSH) Markham Stouffville Hospital is a progressive multi-site community hospital with leading diagnostic services and medical and surgical care focused on patient needs in one of York Region's rapidly growing communities. MSH serves communities through two fully-accredited hospitals, one at the Markham Site and the other at the Uxbridge Site.

The Hospital's 275 physicians and 1,500 staff make it the centre of progressive community care for the residents of the Towns of Markham, Whitchurch-Stouffville and Uxbridge and includes a catchment area that also draws from North Scarborough and East Durham to serve nearly 300,000 people.

http://www.msh.on.ca/about_us

History

Markham Stouffville Hospital Corporation is two sites with a single purpose; to provide the best in progressive community care. MSH is a representation of the community it supports; providing health care in its community that reflects the activity, ethnicity, interests, age, lifestyle and physical and mental health needs of the residents in Markham, Stouffville and Uxbridge.

Markham Site

Anticipating the community benefit of a local hospital, a group of residents of Markham and Stouffville started building awareness of the need for care close to home back in the 1950s. That led to a full-fledged campaign by the early 1960s. In 1967, a sizeable donation of land was received from philanthropist Arthur Lacham, and in 1968 a hospital corporation was officially founded.

Approval from the provincial government for a hospital in Markham was finally received in 1982, conditional upon a $5 million community contribution as part of the estimated $45 million construction cost. Within 18 months, the overwhelming generosity of the community resulted in that goal being met.

Final Government approval came in 1985 and construction began in the midst of what was then a cornfield along 9th line in July of 1987.

The Hospital - Markham Site - opened its doors on March 5, 1990 to a welcoming community of approximately 77,000 members.

Uxbridge Site

In January of 2004, Markham Stouffville Hospital Corporation welcomed Uxbridge Cottage Hospital as a partner site in the provision of hospital care to a now broader geography and extended community. The Cottage Hospital (Uxbridge) had officially opened in January 1959, a two-storey brick structure housing 25 beds and offering medical, surgical care, emergency, diagnostic and obstetrical services. Since then many changes have been made as the hospital sought to keep pace with the growing community and rapidly developing changes in the provision of community care. Aligning with the Markham Stouffville Hospital has

http://www.search.com/reference/Markham-Stouffville_Hospital
resulted in a real partnership of care, incorporating new technology and management practices that focus clearly on the best care closest to home for members of the community and surrounding areas.

Looking Ahead

York Region has earned wide recognition as one of the fastest growing Regions in the Province of Ontario. The Towns of Markham, Stouffville and Uxbridge now number close to 300,000 residents and expansion of the Hospital sites and services is required to meet the needs of this growth. Planning is underway to renovate, expand and include a new Health and Wellness Campus at Markham Site.

http://www.msh.on.ca/about_us/history_and_overview

Vision and Mission

“Caring for our community through partnerships and the pursuit of excellence” achieved through making every experience with MSH great.

Shared Values

Markham Stouffville Hospital is committed to delivering the best possible care for you while demonstrating its key values - compassion, leadership and responsibility, collaboration, creativity and innovation.

Mandate

To provide progressive community care. The right care at the right time in the right place.

http://www.msh.on.ca/about_us/vision_mission_values_and_mandate

Programs and Services

Acute Medical System

The Acute Care Medical System refers to the critical medical care Markham Stouffville Hospital provides for the treatment of patients with a serious injury or illness, or during recovery from surgery. When needed, acute care services are available at either Hospital Site - Markham and Uxbridge. The types of medical conditions that would require acute care tend to be periodic or temporary in nature, rather than long-lasting.

MSH’s interdisciplinary team of health care professionals provides advanced medical, surgical and cardiac care, supported by the latest technology and equipment.

The Acute Care Medical System unites areas of specialty: Emergency, Medicine & Monitoring, Intensive Care

http://www.msh.on.ca/programs_and_services/acute_care

Diagnostic Tests

Markham Stouffville Hospital is committed to providing the communities of Markham, Stouffville and Uxbridge with the right care, at the right time, in the right place. MSH is continually investing in a progressive range of leading diagnostic services at both of our locations.

By using the very latest investigative techniques and equipment, backed by an unparalleled staff of diagnostic experts, MSH continues to reduce wait times and increase the speed of medical intervention. The Hospital is also an active partner with other diagnostic specialists in York Region.

The Hospital’s Diagnostic Services unite two areas of specialty: Diagnostic Imaging and CardioRespiratory/ElectroDiagnostics

http://www.msh.on.ca/programs_and_services/diagnostic_services

Clinical Laboratory

The Laboratory at Markham Stouffville Hospital provides services to Emergency and inpatients 24 hours per day, and to clinics and outpatients during daytime and evening hours. The Laboratoriest at each of MSH sites are fully accredited by the Ontario Laboratory Accreditation Program. MSH lab services provide high-quality patient care through the effective and efficient use of Laboratory resources to assist in the diagnosis, monitoring and management of illness through:

• Blood Collection • Chemistry • Hematology • Transfusion Service • Therapeutic Phlebotomy (prescribed blood withdrawal) • Microbiology • Histology (tissue samples) • Cytology (cell anatomy) • Autologous Blood Donation Program (pre-surgery blood storage for personal use)

http://www.msh.on.ca/programs_and_services/laboratory

Pharmacy
MSH is committed to providing a safe, effective and accurate medication system for patients at either of our Markham or Uxbridge sites.

MSH pharmacists are an integral part of our healthcare team, attending rounds with nursing staff and physicians to discuss patient care, and monitoring for allergy, adverse effects or duplication of therapy.

http://www.msh.on.ca/programs_and_services/pharmacy

Respiratory Therapy

Markham Stouffville Hospital’s Registered Respiratory Therapy (RRT) team operates round the clock to provide respiratory services throughout the Hospital.

As well as being integral members of the cardiac arrest team and the Intensive Care unit, RRT services include neonatal deliveries, artificial ventilation, oxygen therapy, respiratory assessments, inhalation therapy and airway management through paediatric and adult intubations.

http://www.msh.on.ca/programs_and_services/respiratory_therapy

Maternal Child Program

Family is at the heart of the community, and Markham Stouffville Hospital offers a wide variety of services in support of the diverse families of Markham, Stouffville and Uxbridge. By providing an evolving mix of educational support, expert medical intervention and advanced technology, MSH continues to make the best care available to our growing community of families. The Community Family Centred Care Advisory Committee provides independent advice towards the focus of our programs and services.

Through the Childbirth and Children’s Centre, MSH provides care and support for parents before, during and after birth. MSH also cares for the newborn baby, as well as children from infancy through childhood and adolescence, up to the age of 18.

At the Centre, MSH deals with acute newborn needs in the Special Care Nursery, emergency paediatric admissions for acute illnesses, elective admissions for investigation and treatment, as well as admissions and follow up for conditions requiring surgical intervention.

Markham Stouffville Hospital also offers a comprehensive range of Outpatient Clinics for Mother and Child including Breastfeeding, Paediatric Developmental Assessment, Paediatric Glandular & Hormone Disorders (Endocrine), Prenatal Tours, York Region Infant Hearing Screening and Communication Development, and York Region Preschool Speech & Language.

http://www.msh.on.ca/programs_and_services/pregnancy_childbirth_paediatric_adolescent_medicine

Mental Health

The Mental Health Services at Markham Stouffville Hospital includes: • The Crisis Team • Inpatient Care Unit • BRIDGE Program (Building, Restoring, Initiating, Developing, Growing and Empowering) • Outpatient Mental Health Services for adults • Child and Adolescent Family Services • Community Treatment Orders (Community Mental Health Program)

Inpatient care offers a number of services to patients from age 16 and over who have mental illnesses such as depression, anxiety and psychotic disorders, and who are in psychiatric crisis. Our help includes psychiatric assessment and stabilization, supportive counseling, couple/family counseling and support, pharmacological therapies, health promotion education and a wide variety of group programs.

http://www.msh.on.ca/programs_and_services/mental_health

Physicians

Nearly 275 physicians provide medical care to members of the community. Working closely with Markham Stouffville Hospital Corporation the medical community offers an enviable mix of community-based and intensive hospital-based patient care.

http://www.msh.on.ca/programs_and_services/family_physicians

Rehabilitation, Palliative & Complex Care

Markham Stouffville Hospital's Rehab, Palliative and Complex Care System is a holistic, integrated collection of programs and services designed to promote quality of life for patients and their families. By taking an interdisciplinary approach, MSH is able to work with and support individual patients to maximize physical, psychological, cognitive, spiritual and social wellbeing.

http://www.msh.on.ca/programs_and_services/rehabilitation_palliative_complex_care

Specialty Clinics
Ambulatory Care Clinics

Many different Ambulatory care clinics are offered at MSH sites to meet the needs of a community of active people with busy lives.

[http://www.msh.on.ca/programs_and_services/ambulatory_care_clinics](http://www.msh.on.ca/programs_and_services/ambulatory_care_clinics)

Active Therapy Centre (Private Physiotherapy)

Conveniently located at the Hospital's Markham site, the Active Therapy Centre provides a range of physiotherapy services for members of the community. Ideal for patients who are used to leading an active lifestyle, the Active Therapy Centre is a private clinic, offering self-pay services as well as those covered by Extended Healthcare Plans, Workplace Safety and Insurance Board (WSIB) or Motor Vehicle Insurance (MVA).

[http://www.msh.on.ca/programs_and_services/active_therapy_centre_private_physiotherapy](http://www.msh.on.ca/programs_and_services/active_therapy_centre_private_physiotherapy)

Arthritis Clinic

In partnership with The Arthritis Society, Markham Stouffville Hospital's Outpatient Rehab Services Department provides assessment and treatment for arthritic patients.

The aim is to make sure care is appropriate to the patient's unique needs. MSH combines community initiatives with individual and/or group sessions to offer the most advanced and appropriate approach in the management, treatment and care of arthritis.

For those with rheumatologic/arthritis conditions, MSH offers a Rheumatology Program in conjunction with The Arthritis Society. In addition to individual consultation, this innovative community partnership allows MSH to offer the following two programs:

- Osteoarthritis (OA) Spine Series: Two 3-hour sessions, running one week apart, educate and empower a self-management approach to caring for the spine.
- General Osteoarthritis (OA) Series: A six-week education and exercise series promotes a self-management approach to general OA conditions.

[http://www.msh.on.ca/programs_and_services/arthritis_clinic](http://www.msh.on.ca/programs_and_services/arthritis_clinic)

Cancer Clinic (Oncology)

The oncology clinic provides support and treatment to patients with cancer or specific blood disorders.

A specially trained team consisting of nurses, doctors, pharmacists, dieticians and social workers provide assessment, education, consultation, symptom management and administration of chemotherapy medications.

The clinic provides linkages to community supports and educational material specific to each patient.

[http://www.msh.on.ca/programs_and_services/cancer_clinic_oncology](http://www.msh.on.ca/programs_and_services/cancer_clinic_oncology)

Falls Programs

Falls represent a serious health problem for seniors in the community, and a significant challenge for their families. A fall can have a significant impact on a person's level of independence and quality of life. Markham Stouffville Hospital, designs programs to promote prevention, transfer of knowledge and self-management.

Falls Prevention Program — A multi-disciplinary, small-group exercise program, emphasizing education and functional exercises to improve lower extremity strength, balance and functional mobility. The innovative program promotes lifestyle changes to improve self-management of falls, and fall-related behaviours.

Falls Clinic — Following a physician referral, MSH's interdisciplinary team of nursing staff, physiotherapists and geriatricians contribute to an assessment of a senior considered at-risk of falling, or a patient who has already suffered a fall.

[http://www.msh.on.ca/programs_and_services/falls_clinic](http://www.msh.on.ca/programs_and_services/falls_clinic)

Fractures

Markham Stouffville Hospital's Fracture Clinic provides treatment and management of fractures and acute injuries, as well as post-operative follow-up.

[http://www.msh.on.ca/programs_and_services/fractures](http://www.msh.on.ca/programs_and_services/fractures)

Geriatric Clinic

At Markham Stouffville Hospital, we are committed to providing care that is appropriate to each stage of life; healthcare that understands the needs, expectations and circumstances of individual patients, and their families. As well as running a Falls Prevention Program and a Falls Clinic, Outpatient Services for Seniors
include individual consults with Geriatricians.

http://www.msh.on.ca/programs_and_services/geriatric_clinic

Medical Day Unit

The Medical Day Clinic staff provide needed support, care and education ahead of the specific diagnostic
tests, such as biopsy, or needed treatments such as a thoracentesis.

Blood transfusions and specific treatments are also given in the clinic on an outpatient basis.

http://www.msh.on.ca/programs_and_services/medical_day_unit

Reconstructive Treatments & Therapy (Plastics)

The Plastics Clinic at Markham Stouffville Hospital provides Outpatient assessment and treatment of hand
injuries, burns, lacerations and also conducts post-operative follow-ups.

http://www.msh.on.ca/programs_and_services/reconstructive_treatments_therapy_plastics

Speech & Language Clinic

Following a referral, Outpatient Speech-Language Pathology Clinic can provide adult patients with swallowing
assessments and recommendations for intervention in the case of swallowing difficulties (e.g. coughing,
choking, weight loss, recurrent pneumonia, food avoidance, drooling, holding food/liquid in the mouth).

http://www.msh.on.ca/programs_and_services/speech_language_clinic

Surgical Clinic

Surgical Clinics operate at both Hospital sites, handling minor reconstructive surgery (plastics) and routine
surgical procedures such as colposcopy (cervical and vaginal biopsy) and laser eye treatments.

http://www.msh.on.ca/programs_and_services/surgical_clinic

Mental Health Clinic

Mental Health Clinic - Outpatient Programs

Markham Stouffville Hospital is committed to giving patients the resources to cope with the stresses and
conflicts. The Mental Health Programs provides a welcoming environment where open discussion is
encouraged and the focus is on prevention, education, coping and recovery.

http://www.msh.on.ca/programs_and_services/mental_health_clinic

Mother & Child Clinics

Markham Stouffville Hospital offers a number of specialized clinics to meet the needs of the mothers, babies,
children and adolescents in the communities of Markham, Stouffville and Uxbridge. These programs are
continually evolving to meet the needs of the community. MSH works closely with other local organizations to
improve maternal and child heath and well-being. By providing educational support as well as expert
responses to special healthcare needs, MSH continues to guide our growing community of families.

http://www.msh.on.ca/programs_and_services/mother_child_clinics

Asthma Patient Education Clinic

Asthma Education Centre

The focus of Markham Stouffville Hospital's Asthma Education Centre is on educational programs to
recognize, control, manage and treat the growing problem of asthma in York Region.

http://www.msh.on.ca/programs_and_services/asthma

Diabetes Education Clinic

Diabetes Education Centre

Together with Southlake Regional Health Centre and York Central Hospital, Markham Stouffville Hospital
Corporation's Diabetes Education Centre serves the community of York and Durham regions. Since 1996,
Southlake and MSH have been partners in providing acute care, comprehensive education programs and
ongoing care for children, adolescents and adults with diabetes mellitus.

The multidisciplinary program serves 2,500 adults and over 350 families with diabetic children throughout
York/Durham Region. Our medical experts from the Region's three Hospitals include physicians and
paediatricians, diabetes nurse educators, registered dieticians, a social worker and an endocrinologist (a
glandular and hormonal specialist).
By developing responsive, progressive education programs, combined with the latest equipment, techniques and expertise, Markham Stouffville Hospital Corporation is leading the community in the prevention and control of diabetes.

http://www.msh.on.ca/programs_and_services/diabetes

Physiotherapy Clinic - Outpatient Programs

Markham Stouffville Hospital's Outpatient Rehab Services at both Markham and Uxbridge sites provides assessment and treatment for patients of all ages. MSH uses a variety of methods to meet patients' care needs, including individual and group treatments. Strong community partnerships are also maintained to provide an extensive range of care and treatment options.

Physiotherapy and Occupational Therapy Services are offered to patients with recent orthopaedic and/or plastics conditions, with the aim of maximizing independence in daily life.

http://www.msh.on.ca/programs_and_services/physiotherapy_clinic

Sleep Disorders Clinic

The Sleep Disorders Laboratory is where a Sleep Study, or Overnight Olysomnogram is performed. Brain waves (EEG), eye movements (EOG), muscle movements (EMG) and heart (ECG) are monitored via electrodes, as well as breathing and oxygen levels using various devices. In this way, MSH is able to determine what factors are contributing to a sleep disorder.

http://www.msh.on.ca/programs_and_services/sleep

Surgery Clinic

Markham Stouffville Hospital's Surgical Assessment Clinic helps patients who require elective (planned) surgery to prepare for their procedures in advance of surgery.

Hip and Knee Replacement Class

Patients having hip or knee replacement surgery need to attend a special class in addition to the Surgical Assessment appointment at MSH. This class introduces patients to a physiotherapist, a pharmacist, a social worker and an occupational therapist and helps prepare for surgery and recovery afterwards.

http://www.msh.on.ca/programs_and_services/surgery_clinic

Surgical System

The MSH surgical team has created a full continuum of care in order to provide information and care that will help minimize the anxiety surrounding surgery.

In collaboration with your family physician, MSH provides a full range of elective and emergency surgical care for patients of all ages in the following specialties:


http://www.msh.on.ca/programs_and_services/surgical_system_0

Dr. Bear Surgical Pre-admission Program

The Dr. Bear Surgical Pre-Admission Program helps children, ages four to twelve, and their parents become familiar with MSH prior to surgery.

The Program is designed to provide psychological preparation and support to reduce the stress associated with hospitalization and surgery for children.

In keeping with MSH's family-centred care philosophy, it involves both children and their parents.

The Dr. Bear Pre-Admission Program also provides an opportunity for parents and children to identify and express feelings through hands-on exploration of commonly used medical equipment, and a tour of the operating and recovery rooms. Hospital clinical staff are in attendance to meet the children, answer questions and address concerns associated with surgery.

http://www.msh.on.ca/programs_and_services/dr_bear_pre_admission_program

Volunteering at Markham Stouffville Hospital

Markham Stouffville Hospital has a rich history of community support and involvement. From helping to raise substantial sums of money for research to providing the latest in medical care, Markham Stouffville Hospital is dedicated to the health and well-being of the community.
Hospital opening; volunteers bring a wealth of knowledge, skills and experience to the Hospital community.

Volunteers are an integral part of the Hospital health team. They are an extension of our staff, providing quality health care to our patients and their families. They provide clerical assistance, patient support, excellent customer service, and/or become involved in fundraising activities.

The Community Resources Department consists of the following: o Adult Program o Student Program o Co-operative Education Program (High School) - in partnership with the York Region District School Board

Volunteers represent the multi-cultural mosaic of our community and they are intricately woven in the fabric of the Markham Stouffville Hospital culture.

http://www.msh.on.ca/programs_and_services/volunteering_at_markham_stouffville_hospital

Markham Stouffville Hospital Foundation

Who We Are

The Markham Stouffville Hospital Foundation operates exclusively for the benefit and support of Markham Stouffville Hospital.

Through the overwhelming generosity of the community, the Foundation's mission is to assist the Hospital in its mandate to provide our community with the right care in the right place at the right time.

Donations to the Foundation help fund capital expenditures for: • equipment • technology • renovations • programs • education

The Foundation's vision is to earn the generous support of every member of our community.

The Foundation is a registered charitable organization that abides by the Association of Fundraising Professional's (formerly NSFRE) Code of Ethics and Standards of Practice and those of Canada Revenue Agency.

http://www.msh.on.ca/foundations/markham_stouffville_hospital_foundation